

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: ZALM

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Moers Liesbet

Coaches: Moers Greet

Coaches: Van Dyck Hanne

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:17, starttime: 14:15
Heat: 17/30 Lane : 3 Athlete: VAN ASSCHE FIEN			Q-time: 00:33:45
PB (25m pool): 00:33.45 Sinbad 22/07/2025			PB (50m pool): 00:34.15 SB: 00:33.86 Hoogstraten 28/09/2025
PB	2 5 M	5 0 M	
		00:33.45	
	00:33.45		
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:7, starttime: 14:35
Heat: 7/31 Lane : 2 Athlete: BERVOETS FELIX			Q-time: 00:50:52
PB (25m pool): 00:50.52 Hoogstraten 28/09/2025			PB (50m pool): no time SB: 00:50.52 Hoogstraten 28/09/2025
PB	2 5 M	5 0 M	
		00:50.52	
	00:50.52		
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:14, starttime: 14:45
Heat: 14/31 Lane : 4 Athlete: VERBERCKMOES JASPER			Q-time: 00:40:05
PB (25m pool): 00:40.05 Kalmthout 23/02/2025			PB (50m pool): 00:40.05 SB: 00:40.78 Hoogstraten 28/09/2025
PB	2 5 M	5 0 M	
		00:40.05	
	00:40.05		
			

Coach feedback:

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Event number: 7: 50M BREASTSTROKE MEN 11+						Heat:19, starttime: 14:50	
Heat: 19/31 Lane : 2 Athlete: MARINUS BAS					Q-time: 00:36:43		
PB (25m pool): 00:36.43 Nijlen 16/11/2025						PB (50m pool): 00:40.68 SB: 00:36.43 Nijlen 16/11/2025	
	2 5 M		5 0 M				
PB			00:36.43				
	00:36.43						
							

Coach feedback:

Event number: 8: 100M FREESTYLE WOMEN 9-10					Heat:1, starttime: 15:00
Heat: 1/2 Lane : 6 Athlete: WIEL SOPHIA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 9-10					Heat:2, starttime: 15:05
Heat: 2/2 Lane : 6 Athlete: ADRIAENSENS FLOR					Q-time: 01:35:78
PB (25m pool): 01:35.78 Arendonk 25/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.27		01:35.78	
	00:44.27		00:51.51		
					

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+							Heat:1, starttime: 15:10	
Heat: 1/39 Lane : 4 Athlete: GIEDTS MIRTHE							Q-time: 99:99:99	
PB (25m pool): no time							PB (50m pool): no time SB: no time	
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

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Event number: 10: 50M BACKSTROKE WOMEN 11+				Heat:20, starttime: 15:35	
Heat: 20/39 Lane : 6 Athlete: VAN ASSCHE FIEN				Q-time: 00:37:34	
PB (25m pool): 00:37.34 Kalmthout 23/02/2025				PB (50m pool): 00:38.76 SB: 00:39.40 Hoogstraten 28/09/2025	
	2 5 M	5 0 M			
PB		00:37.34			
		00:37.34			
					

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+				Heat:9, starttime: 16:10	
Heat: 9/30 Lane : 4 Athlete: VERBERCKMOES JASPER				Q-time: 00:30:76	
PB (25m pool): 00:30.76 Hoogstraten 28/09/2025				PB (50m pool): 00:33.42 SB: 00:30.76 Hoogstraten 28/09/2025	
	2 5 M	5 0 M			
PB		00:30.76			
		00:30.76			
					

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+				Heat:16, starttime: 16:15	
Heat: 16/30 Lane : 6 Athlete: MARINUS BAS				Q-time: 00:27:91	
PB (25m pool): 00:27.91 Hoogstraten 28/09/2025				PB (50m pool): 00:29.14 SB: 00:27.91 Hoogstraten 28/09/2025	
	2 5 M	5 0 M			
PB		00:27.91			
		00:27.91			
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 9-10					Heat:1, starttime: 16:25
Heat: 1/2 Lane : 6 Athlete: WIEL SOPHIA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
					

Coach feedback:

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Event number: 13: 100M BREASTSTROKE MEN 9-10					Heat:2, starttime: 16:35
Heat: 2/2 Lane : 1 Athlete: ADRIAENSENS FLOR					Q-time: 02:06:20
PB (25m pool): 02:06.20 Dilbeek 11/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:00.91		02:06.20	
	01:00.91		01:05.29		
					

Coach feedback: